SIXTH SUNDAY OF ELIJAH

The Anthem of the Chancel

I will speak parables from of old.

The mystery which Jonah signified in the depth of the abyss has been fulfilled. *Righteous and upright.*

The mystery which Jonah signified in the depth of the abyss has been fulfilled. Glory be to the Father, and to the Son, and to the Holy Spirit; from everlasting, and for ever and ever. Amen.

The mystery which Jonah signified in the depth of the abyss has been fulfilled.

The Lections

Deuteronomy 9:13-22

"... [T]he LORD said to me, 'I have seen this people, and behold, it is a stubborn people; let me alone, that I may destroy them and blot out their name from under heaven; and I will make of you a nation mightier and greater than they.' So I turned and came down from the mountain, and the mountain was burning with fire; and the two tables of the covenant were in my two hands. And I looked, and behold, you had sinned against the LORD your God; you had made yourselves a molten calf; you had turned aside quickly from the way which the LORD had commanded you. So I took hold of the two tables, and cast them out of my two hands, and broke them before your eyes. Then I lay prostrate before the LORD as before, forty days and forty nights; I neither ate bread nor drank water, because of all the sin which you had committed, in doing what was evil in the sight of the LORD, to provoke him to anger. For I was afraid of the anger and hot displeasure which the LORD bore against you, so that he was ready to destroy you. But the LORD hearkened to me that time also. And the LORD was so angry with Aaron that he was ready to destroy him; and I prayed for Aaron also at the same time. Then I took the sinful thing, the calf which you had made, and burned it with fire and crushed it, grinding it very small, until it was as fine as dust; and I threw the dust of it into the brook that descended out of the mountain.

"At Taberah also, and at Massah, and at Kibrothhattaavah, you provoked the $\ensuremath{\mathsf{LORD}}$ to wrath. "

Isaiah 26:1-19

In that day this song will be sung in the land of Judah: "We have a strong city; he sets up salvation as walls and bulwarks. Open the gates,

that the righteous nation which keeps faith may enter in. Thou dost keep him in perfect peace, whose mind is stayed on thee, because he trusts in thee. Trust in the LORD for ever. for the LORD GOD is an everlasting rock. For he has brought low the inhabitants of the height, the lofty city. He lays it low, lays it low to the ground, casts it to the dust. The foot tramples it, the feet of the poor, the steps of the needy." The way of the righteous is level; thou dost make smooth the path of the righteous. In the path of thy judgments, O LORD, we wait for thee; thy memorial name is the desire of our soul. My soul yearns for thee in the night, my spirit within me earnestly seeks thee. For when thy judgments are in the earth, the inhabitants of the world learn righteousness. If favor is shown to the wicked, he does not learn righteousness; in the land of uprightness he deals perversely and does not see the majesty of the LORD. O LORD, thy hand is lifted up, but they see it not. Let them see thy zeal for thy people, and be ashamed. Let the fire for thy adversaries consume them. O LORD, thou wilt ordain peace for us, thou hast wrought for us all our works. O LORD our God, other lords besides thee have ruled over us, but thy name alone we acknowledge. They are dead, they will not live; they are shades, they will not arise;

to that end thou hast visited them with destruction and wiped out all remembrance of them.
But thou hast increased the nation, O LORD, thou hast increased the nation; thou art glorified; thou hast enlarged all the borders of the land.

O LORD, in distress they sought thee, they poured out a prayer when thy chastening was upon them.
Like a woman with child, who writhes and cries out in her pangs, when she is near her time,
so were we because of thee, O LORD; we were with child, we writhed, we have as it were brought forth wind.
We have wrought no deliverance in the earth, and the inhabitants of the world have not fallen.
Thy dead shall live, their bodies shall rise. O dwellers in the dust, awake and sing for joy!
For thy dew is a dew of light, and on the land of the shades thou wilt let it fall.

The Shuraya

For God is judge, Casting down one and lifting up another. For in the hand of the LORD there is a cup With clouded wine, well mixed. He turns from one to another, And all the impious of the earth shall drink it And drain it to its dregs.

The Apostle

Philippians 4:4-end

Rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.

Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything

worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you.

I rejoice in the Lord greatly that now at length you have revived your concern for me; you were indeed concerned for me, but you had no opportunity. Not that I complain of want; for I have learned, in whatever state I am, to be content. I know how to be abased, and I know how to abound; in any and all circumstances I have learned the secret of facing plenty and hunger, abundance and want. I can do all things in him who strengthens me.

Yet it was kind of you to share my trouble. And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving except you only; for even in Thessalonica you sent me help once and again. Not that I seek the gift; but I seek the fruit which increases to your credit. I have received full payment, and more; I am filled, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. And my God will supply every need of yours according to his riches in glory in Christ Jesus. To our God and Father be glory for ever and ever. Amen.

Greet every saint in Christ Jesus. The brethren who are with me greet you. All the saints greet you, especially those of Caesar's household.

The grace of the Lord Jesus Christ be with your spirit.

The Zumara

The LORD shall lead me, I shall lack nothing; he shall feed me upon verdant meadows. He shall lead me beside still waters; (3)

Restore my soul. O lead me in pathways of truth for your name's sake. Though I may walk through the valleys of death's shadows I will fear no evil. (3)

The Gospel

St. Matthew 15:21-38

And Jesus went away from [Gennesaret] and withdrew to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

And Jesus went on from there and passed along the Sea of Galilee. And he went up on the mountain, and sat down there. And great crowds came to him, bringing with them the lame, the maimed, the blind, the dumb, and many others, and they put them at his feet, and he healed them, so that the throng wondered, when they saw the dumb speaking, the maimed whole, the lame walking, and the blind seeing; and they glorified the God of Israel.

Then Jesus called his disciples to him and said, "I have compassion on the crowd, because they have been with me now three days, and have nothing to eat; and I am unwilling to send them away hungry, lest they faint on the way." And the disciples said to him, "Where are we to get bread enough in the desert to feed so great a crowd?" And Jesus said to them, "How many loaves have you?" They said, "Seven, and a few small fish." And commanding the crowd to sit down on the ground, he took the seven loaves and the fish, and having given thanks he broke them and gave them to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied; and they took up seven baskets full of the broken pieces left over. Those who ate were four thousand men, besides women and children.

Anthem of the Gospel

Text: Lo, a Canaanite woman from the border regions.

She was ill, but you restored her.

The Canaanite woman cried out with passion, saying, Son of David, have mercy upon me; my daughter is cruelly driven about by a demon, and she is unable to conceal this affliction, for it encompasses her at all times. Through her mother she supplicated you, O my Lord, Healer of all diseases and Savior of our souls. O our Lord, Fount of all helps, have mercy upon me. *For the time had come to have mercy upon her*.

The Canaanite woman cried out with passion, saying, Son of David, have mercy upon me; my daughter is cruelly driven about by a demon, and she is unable to conceal this affliction, for it encompasses her at all times. Through her mother she supplicated you, O my Lord, Healer of all diseases and Savior of our souls. O our Lord, Fount of all helps, have mercy upon me. *Glory be to the Father, and to the Son, and to the Holy Spirit; from everlasting, and for ever and ever. Amen.*

Who is able to recite your benefits, O our Lord, which you gave in your love to the race of mortals. In the desert you multiplied bread for the crowds, and they ate and all were equally satisfied. The men and women, the youths and children, the numberless thousands ate and were filled from the little bread which you made to abound in their presence. Let us confess him who descended in his love and worked wonders on the earth. Glory be to him!

Anthem of the Mysteries

Text: Everything is ready; come to the feast.

Praise the Lord in his Sanctuary.

Lo, you who have been summoned to new life, adorn yourselves with the Body and absolving Blood, and with spiritual songs glorify and confess the Son of the King who descended to us

and saved us by his Cross. He gave us his Body and Blood, in which all the saints rejoice greatly, crying out to him, Holy, holy, holy, O Quickener of all.

Lift up your hands to the Sanctuary and bless the Lord.

Lo, you who have been summoned to new life, adorn yourselves with the Body and absolving Blood, and with spiritual songs glorify and confess the Son of the King who descended to us and saved us by his Cross. He gave us his Body and Blood, in which all the saints rejoice greatly, crying out to him, Holy, holy, O Quickener of all.

Anthem of the Bema (prior to the Feast of the Cross)

With purity of conscience and clean thoughts let us approach the perfection which is mercifully given for the pardon of debts and for an earnest of new life. Let us all in love embrace the mystery, and in fear let us serve the High Priest who absolves us.

And with the spiritual beings let us hallow him with the three holies, for he gives our race communion in the food of new life, here mystically, and there in truth when the glory of his great coming shall appear.

Verses:

With the Mystery of his Body the Son of God nourishes us through his manifestation to us. And with the spiritual beings let us hallow him

Anthem of the Bema (after the Feast of the Cross)

Behold, approach, O nations, the Body and living Blood of Christ, the Pardoner of debts, and receive absolution from the Table of the Kingdom, hallelujah!

Verses:

Jonathan's eyes were opened when he tasted the honey at the top of his staff. Lo, enlighten your minds with the power of the Cross. Halleujah!