

THIRD SUNDAY OF THE GREAT FAST

Anthem of the Chancel

He is coming to judge the earth.

A just Judge is coming at the end, and he will examine our hidden words and deeds. Let us fear his judgment, for he is no respecter of persons, a wise Physician who heals our bruises.

He will surely come in joy.

A just Judge is coming at the end, and he will examine our hidden words and deeds. Let us fear his judgment, for he is no respecter of persons, a wise Physician who heals our bruises.

Glory be to the Father, and to the Son, and to the Holy Spirit; from everlasting, and for ever and ever. Amen.

May the Cross, which became for us a source of good things, and by which our mortal race was set free, be for us, O my Lord, a mighty bulwark, and by it may we defeat the Evil One and all his wiles.

The Lections

Joshua 5:13-6:5

When Joshua was by Jericho, he lifted up his eyes and looked, and behold, a man stood before him with his drawn sword in his hand; and Joshua went to him and said to him, "Are you for us, or for our adversaries?" And he said, "No; but as commander of the army of the LORD I have now come." And Joshua fell on his face to the earth, and worshiped, and said to him, "What does my lord bid his servant?" And the commander of the Lord's army said to Joshua, "Put off your shoes from your feet; for the place where you stand is holy." And Joshua did so.

Now Jericho was shut up from within and from without because of the people of Israel; none went out, and none came in. And the LORD said to Joshua, "See, I have given into your hand Jericho, with its king and mighty men of valor. You shall march around the city, all the

men of war going around the city once. Thus shall you do for six days. And seven priests shall bear seven trumpets of rams' horns before the ark; and on the seventh day you shall march around the city seven times, the priests blowing the trumpets. And when they make a long blast with the ram's horn, as soon as you hear the sound of the trumpet, then all the people shall shout with a great shout; and the wall of the city will fall down flat, and the people shall go up every man straight before him."

The Shuraya

Let Cush surrender to God. *
Sing to God, O kingdoms of the earth; *
Sing praises to the Lord, who rides in the heaven of heavens. *
From the East he sends forth his voice, a mighty voice. *
Give praise to God. *
Glory be to the Father, and to the Son, and to the Holy Spirit; *
From everlasting, and for ever and ever. Amen.

The Apostle

Romans 7:14-24

We know that the law is spiritual; but I am carnal, sold under sin. I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. So then it is no longer I that do it, but sin which dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin which dwells within me.

So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inmost self, but I see in my members another law at war with the law of my mind and making

me captive to the law of sin which dwells in my members. Wretched man that I am! Who will deliver me from this body of death?

The Zumara

O LORD, rebuke me not in your anger,
Nor chasten me in your wrath.
Be gracious to me, O LORD, for I am diseased;
O LORD, heal me, for my bones shake. *
My soul also has been sorely troubled.
But you, O LORD—how long?
Turn, O LORD, deliver my soul;
Save me for the sake of your loving-kindness. *

The Gospel

Matthew 20:17-28

And as Jesus was going up to Jerusalem, he took the twelve disciples aside, and on the way he said to them, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and scribes, and they will condemn him to death, and deliver him to the Gentiles to be mocked and scourged and crucified, and he will be raised on the third day."

Then the mother of the sons of Zebedee came up to him, with her sons, and kneeling before him she asked him for something. And he said to her, "What do you want?" She said to him, "Command that these two sons of mine may sit, one at your right hand and one at your left, in your kingdom." But Jesus answered, "You do not know what you are asking. Are you able to drink the cup that I am to drink?" They said to him, "We are able." He said to them, "You will drink my cup, but to sit at my right hand and at my left is not mine to grant, but it is for those for whom it has been prepared by my Father." And when the ten heard it, they were indignant at the two brothers. But Jesus called

them to him and said, "You know that the rulers of the Gentiles lord it over them, and their great men exercise authority over them. It shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be your slave; even as the Son of man came not to be served but to serve, and to give his life as a ransom for many."

Anthem of the Mysteries

Praise the Lord in his Sanctuary. He is one, and there is no other than he.

One is the Power of the Father and Son and Holy Spirit, which is glorified in Heaven and on earth.

In Heaven and on earth. He is one, and there is no other than he.

One is the Power of the Father and Son and Holy Spirit, which is glorified in Heaven and on earth.

Anthem of the Bema

Exult, O nations, before our Savior, for in his presence you have delighted in his bread.

Exult, O nations, before our Savior, for in his presence you have delighted in his bread.

Verses:

Give thanks, O nations, for the loving-kindness which has pardoned your debts and made you sharers in the Mystery which is hallowed by spiritual beings.

We are likened to the younger son in whose finding his parent rejoiced. Draw near, O penitents; be made glad by the divine Sacrifice. You were exiles in captivity, and you served in bondage to the Evil One. Christ freed you through his sufferings. Receive his Body, and reign with him.